

# Get Active

## Hospital Hill

### Wellness Walks And Jogs



#### **Liberty Memorial: 2.10 miles (Roundtrip)**

- Start out from the School of Dentistry, go WEST on E 25<sup>th</sup> St. toward Cherry St.
- Turn LEFT onto Cherry St.
- Turn RIGHT onto E 27<sup>th</sup> St.
- Turn LEFT onto Main St. / Carl J Dicapo Dr.
- Turn RIGHT onto Memorial Dr.
- Turn RIGHT onto Liberty Memorial Dr.
- The Liberty Memorial is in sight.
- When you get to the Liberty Memorial turn around and head back the way you came

#### **Truman Circles: 1.04 miles (Loop)**

- Start out from the School of Dentistry, EAST on E 25<sup>th</sup> St
- Turn LEFT onto Charlotte St.
- Continue NORTH on the sidewalk until 22<sup>nd</sup> St.
- Turn LEFT onto 22<sup>nd</sup> St.
- Continue WEST on the sidewalk until 22<sup>nd</sup> St.
- Turn LEFT onto Holmes
- Continue SOUTH on the sidewalk until 25<sup>th</sup> St.
- Turn LEFT and continue EAST until you arrive at the School of Dentistry

#### **Hospital Hill's Outer Limits: 1.63 miles (Loop)**

- Start out from the School of Dentistry, WEST on E 25<sup>th</sup> St Turn RIGHT onto Gillham Rd.
- Continue NORTH on the sidewalk until 22<sup>nd</sup> St.
- Turn RIGHT onto 22<sup>nd</sup> St.
- Continue EAST on the sidewalk until Campbell St.
- Turn RIGHT onto Campbell St.
- Continue SOUTH on the sidewalk until 25<sup>th</sup> St.
- Turn RIGHT onto 25<sup>th</sup> St.
- Continue WEST until you reach the School of Dentistry

#### **Campus to Campus: 7.46 miles (Roundtrip)**

- Start out from the School of Dentistry, WEST on E 25<sup>th</sup> St. toward Cherry St.
- Turn LEFT onto Gillham Rd.
- Gillham Rd becomes Gillham Plz.
- Keep RIGHT at the fork to continue on Gillham Plz.
- Gillham Plz becomes Gillham Rd
- Keep RIGHT at the fork to continue on Gillham Rd.
- Gillham Rd. becomes E 45<sup>th</sup> ST.
- Turn LEFT onto Rockhill Rd.
- Turn RIGHT onto E 51<sup>st</sup> St.

#### **Kids at Play: 0.23 miles (Loop)**

- The park is located on the WEST side of Children's Mercy Hospital.
- This route is approximately 1,234.6 feet in length veering through colorful playground.

Swinney Recreation  
Center  
5030 Holmes Road,  
Kansas City, MO 64110  
816-235-2712  
<http://umkc.edu/src>

# How far have you walked today?

## Hospital Hill Campus

