



# University of Missouri System

COLUMBIA | KANSAS CITY | ROLLA | ST. LOUIS

Dear colleagues,

Annual Enrollment for faculty and staff is October 24 – November 4, 2022. As always, we hope you will take some time to get to know your plan options and make an informed decision about the coverage that will work best for you in 2023.

Each year, the Office of Human Resources conducts a benefits review in collaboration with the UM System Office of Finance, our vendor partners and the Total Rewards Advisory Committee (TRAC), comprised of members representing faculty and staff from each university, MU Health Care and retirees ([umurl.us/trac](http://umurl.us/trac)). This annual process helps us proactively manage costs and provide a strong benefit to the university community.

Following this year's review, I am pleased to announce a second dental plan option, called the Dental Buy Up Plan, effective January 1, 2023. You will find the same coverage for preventive, basic and major services in both the Dental Base Plan and Dental Buy Up Plan. The Buy Up Plan expands coverage to also include orthodontics, a lower deductible and higher annual maximum.

The university will change its vendor for the Vision Plan to VSP for the 2023 plan year as well. The Vision Plan maintains the same level of coverage as in previous years, and VSP offers additional benefits of no copay for progressive lenses and a lower monthly premium.

Medical premiums will not change for those with self-only coverage in 2023, and those in other coverage levels will see premium costs similar to those in 2022. Overall, participants who select self and spouse coverage, self and child(ren) coverage or family coverage will see an increase in their premium ranging between \$2-29/mo.

Thank you for engaging in your benefit enrollment process. Please make use of the information included here and on our insurance plan webpages ([umurl.us/health](http://umurl.us/health), as well as [umurl.us/dlins](http://umurl.us/dlins)). Staying engaged helps ensure you make the choice that best supports you and your family in the coming year.

Sincerely,

Marsha Fischer  
Vice President for the Office of Human Resources  
University of Missouri



**Marsha Fischer**

Vice President for Human Resources  
University of Missouri

## Need assistance?

Book a one-on-one appointment with your HR Generalist for personalized insurance and enrollment assistance ([umurl.us/cbr](http://umurl.us/cbr)). For additional assistance, visit AskHR ([askhr.umsystem.edu](http://askhr.umsystem.edu)) or contact the HR Service Center by phone at (573) 882-2146 (toll-free (800) 488-5288), and via email at [hrservicecenter@umsystem.edu](mailto:hrservicecenter@umsystem.edu). Learn more at [umurl.us/hrsc](http://umurl.us/hrsc).



Visit the Annual Enrollment webpage ([umurl.us/enrollment](http://umurl.us/enrollment)) for additional information.

## What's new for 2023

- A new **Vision Plan vendor** VSP, and lower premiums for vision coverage. VSP offers additional benefits such as no copay for progressive lenses and a lower monthly premium.
- The **Dental Buy Up Plan** option offers enhanced coverage that covers orthodontics, a lower deductible and higher annual maximum in addition to the Dental Base Plan's coverage for preventive, basic and major services.
- **Out-of-pocket maximums for medical costs** increase to \$3,750 for self-only and \$7,500 for a family plan.
- **Annual HSA contribution limit increases**, as approved by the IRS, to \$3,850 for an individual and \$7,750 for a family.
- **Annual Health Care FSA contribution limit increases** to \$2,850.

# Plans At-A-Glance

## Healthy Savings Plan

High-deductible plan available regardless of location and administered by UnitedHealthcare. In general, has the lowest monthly premiums of all plans and can be coupled with a Health Savings Account with an annual university contribution to increase savings for health expenses. Learn more: [umurl.us/HSP](https://umurl.us/HSP).

## Custom Network Plan (Columbia and St. Louis)

Available to those who live or work in eligible counties near Columbia or St. Louis and administered by UnitedHealthcare. Features a narrow network of providers who offer quality care and share savings when you stay in-network. Participants only have in-network access to providers specific to that plan (i.e., Columbia or St. Louis). Columbia-area network has providers affiliated with MU Health Care and the St. Louis-area has providers affiliated with Mercy Health System. Learn more: [umurl.us/CNP](https://umurl.us/CNP).

## PPO Plan

Available to those who are not eligible for the Tiered Feature (see below) and administered through UnitedHealthcare. This traditionally structured plan has a broad network of providers but also generally highest premiums of the available plans. Participants pay deductibles for most medical expenses and prescription drugs even when using in-network services. Learn more: [umurl.us/PPO](https://umurl.us/PPO).

## PPO Plan with Tiered Feature (also called Tiered PPO Plan)

Available to those who live or work in eligible counties around Kansas City and Rolla and administered by UnitedHealthcare. Structured like the base PPO Plan (above), this plan offers two tiers within that same broad network of providers which may result in enhanced savings when using providers recognized as offering high-quality, cost-effective care. Learn more: [umurl.us/TierPPO](https://umurl.us/TierPPO).

## Dental (Dental Base Plan and Dental Buy Up Plan)

Administered by Delta Dental and available regardless of location. Two coverage options are available, the Dental Base Plan and the Dental Buy Up Plan. Both options cover three classes of reasonable and customary expenses: preventive, basic and major services, and the Buy Up Plan expands coverage to include orthodontics (\$1,500 maximum lifetime benefit), a lower deductible and higher annual maximum. The university subsidizes the Dental Base Plan and the employee is responsible for the amount above the subsidized plan. No matter the provider, deductible and coinsurance remain the same if charges are reasonable and customary but using Delta Dental's networks can help provide savings. Learn more: [umurl.us/dental](https://umurl.us/dental).

## Vision

Vision insurance is administered and available through VSP. The university does not subsidize premiums, but VSP provides a discounted group rate available at all locations where VSP is accepted. The plan does not have a deductible and offers coverage for a number of eye care expenses. Learn more: [umurl.us/vision](https://umurl.us/vision).

## Disability and Life insurance

Employees have several options for life insurance to help give peace of mind. In fact, the basic disability and life plans are 100% university-paid—available at no cost to you. Other voluntary life and disability plan options are also available. The university does not subsidize premiums for these plans but negotiates to offer them at a reduced cost. Unum administers all Life, Long Term Disability and Accidental Death and Dismemberment insurance options. Learn more: [umurl.us/dlins](https://umurl.us/dlins).

# Enroll in myHR

**If you are a current faculty or staff member**, Annual Enrollment is your annual opportunity to review and change your benefits for next year. If you do not make changes, your current enrollments will continue into the new calendar year, except for Flexible Spending Accounts (FSAs). **You must re-enroll in Health Care and Dependent Care FSAs each year.** Learn more: [umurl.us/enrollment](https://umurl.us/enrollment).

**If you are a newly benefit-eligible faculty or staff member**, you must take action during your initial enrollment period, even if your decision is to waive coverage. Otherwise, you will default to the self-only coverage level of the Healthy Savings Plan and pay taxes on your premiums. Learn more: [umurl.us/enrolling](https://umurl.us/enrolling).

**Enroll in myHR** ([myhr.umsystem.edu](https://myhr.umsystem.edu)) once you've decided which insurance plans are best for you:

- Visit [myhr.umsystem.edu](https://myhr.umsystem.edu) (Firefox or Chrome recommended) and log in.
- Click the "My Benefits" tile and select "Benefits Enrollment" from the left menu to access the self-service application.
- Follow the instructions provided to submit your plan choices or waive coverage. Click "Submit Enrollment" button.
- Once submitted, you will see "Benefits Alerts" pop-up confirming your submission and receive an email to your university email address.
  - If these options do not appear, you must enable pop-up windows.
  - You are not done with enrollment until you click both the "Submit Enrollment" and "Done" buttons on the pop-up screen.
- You will receive another email notification when your Confirmation Statement is available to view in myHR.
- Watch the mail for important documents, such as new insurance ID cards.
  - For 2023 coverage, you will receive a new single card for medical and prescription coverage. Dental ID cards will be issued only if you are newly enrolled, and the card will be in the subscriber's name. No card is issued for vision insurance.



Visit the Health Programs webpage ([umurl.us/enrollment](https://umurl.us/enrollment)) for more on medical, dental and vision.



Visit the Disability and Life Insurance webpage ([umurl.us/dlins](https://umurl.us/dlins)) for more on disability and life options.

# Comparison Chart | What You Pay for Covered Expenses in 2023

		HEALTHY SAVINGS PLAN		CUSTOM NETWORK PLAN <i>(Columbia and St. Louis networks)</i>		PPO PLAN <i>(with Tiered Feature, where available)</i>			
		In-network	Out-of-network**	In-network	Out-of-network**	In-network		Out-of-network**	
DEDUCTIBLE	Medical deductible	\$1,750/self; \$3,500/family* (combined)	\$3,500/self; \$7,000/family* (combined)	\$200/self; \$600/family	\$1,500/self; \$4,500/family*	<i>Tiered PPO Plan:</i> \$500/self; \$1,500/family*	<i>PPO Plan:</i> \$800/self; \$2,400/family *	<i>Tiered PPO Plan:</i> \$1,000/self; \$3,000/family*	<i>PPO Plan:</i> \$1,600/self; \$4,800/family*
	Rx deductible			Retail: \$50/person Mail order: \$0/person	Retail: \$50/person Mail order: \$0/person	Retail: \$75/person Mail-order: \$0/person			
SERVICES	Preventive care	\$0	35% or more (AD)	\$0	50% or more (AD)	\$0		40% or more (AD)	
	Primary care	15% (AD)	35% or more (AD)	\$15 copay/visit	50% or more (AD)	<i>Tiered PPO Plan:</i> Tier 1 (♥♥): \$15 copay/visit; Tier 2 (♥): \$25 copay/visit	<i>PPO Plan:</i> \$20 copay/visit	40% or more (AD)	
	Specialist care	15% (AD)	35% or more (AD)	\$40 copay/visit	50% or more (AD)	<i>Tiered PPO Plan:</i> Tier 1 (♥♥): \$35 copay/visit; Tier 2 (♥): \$40 copay/visit	<i>PPO Plan:</i> \$40 copay/visit	40% or more (AD)	
	Urgent care	15% (AD)	35% or more (AD)	\$50 copay/visit	\$50 copay/visit or more	\$50 copay/visit		40% or more (AD)	
	Lab and x-ray*****	15% (AD)	35% or more (AD)	\$5 (basic)/\$100 (advanced)	50% or more (AD)	Applicable coinsurance (AD)^		40% or more (AD)	
	Outpatient care	15% (AD)	35% or more (AD)	10% (AD)	50% or more (AD)	Applicable coinsurance (AD)^		40% or more (AD)	
	Inpatient care <i>(incl. maternity delivery)</i>	15% (AD)	35% or more (AD)	10% (AD)	50% or more (AD)	Applicable coinsurance (AD)^		40% or more (AD)	
	DME	15% (AD)	35% or more (AD)	10% (AD)	50% or more (AD)	Applicable coinsurance (AD)^		40% or more (AD)	
	Emergency room	15% (AD)	15% or more (AD)	\$250 copay/visit (AD)	\$250 copay/visit or more (AD)	\$250 copay/visit (AD)		\$250 copay/visit or more (AD)	
	Ambulance	15% (AD)	15% or more (AD)	\$200 copay/occurrence (AD)	\$200 or more copay/occurrence (AD)	\$200 copay/occurrence (AD)		\$200 or more copay/occurrence (AD)	
Rx	Rx drug: Retail/Mail*** ▪ Formulary generic ▪ Formulary brand ▪ Non-formulary brand	15% (AD)	35% or more (AD)	Greater of copay or coinsurance (AD): ▪ \$7 (retail) and \$15 (mail) or 20% ▪ \$15 (retail) and \$30 (mail) or 25% ▪ \$30 (retail) and \$60 (mail) or 50%	Greater of \$30 copay or 50% network cost (AD)****	Greater of copay or coinsurance (AD): ▪ \$7 (retail) and \$15 (mail) or 20% ▪ \$15 (retail) and \$30 (mail) or 25% ▪ \$30 (retail) and \$60 (mail) or 50%		Greater of \$30 copay or 50% network cost (AD)****	
OUT-OF-POCKET**	Medical limit	\$3,750/self; \$7,500/family* (combined)	\$7,000 or more/self; \$14,000 or more/family* (combined)	\$3,750/self; \$7,500/family*	\$10,500 or more/self; \$21,000 or more/family*	\$3,750/self; \$7,500/family*		\$10,500 or more/self; \$21,000 or more/family*	
	Rx limit			\$5,200/self; \$10,400/family*		\$5,200/self; \$10,400/family*			

**Note:** "(AD)" indicates "after deductible."

\*Considerations for "self" and "family" are different for the Healthy Savings Plan than for the Custom Network Plans and the PPO Plans. See the glossary ([umurl.us/glossary](http://umurl.us/glossary)) for details.

\*\*Refer to the Summary Plan Description (SPD) for additional details on allowable and eligible expenses when using an out-of-network provider.

\*\*\*90-day fill/refill at Mizzou pharmacies at same cost as mail order.

\*\*\*\*Member will be required to pay the difference between non-participating pharmacy and participating pharmacy charge.

\*\*\*\*\*For lab and x-ray services, "Basic" includes services such as x-ray, blood work, lipid panel, etc. "Advanced" includes services such as CT scan, PET scan, MRI, etc.

**^Tiered PPO Plan:**

In-network  
**10% after deductible:** Tier 1 (♥♥) providers; all durable medical equipment, services obtained at free-standing facilities, ambulatory surgical centers and physician offices

**20% after deductible:** Tier 2 (♥) providers; services obtained at outpatient hospital facilities

**^PPO Plan:**

In-network  
**20% coinsurance after deductible**

## Monthly Premiums and Other Employee Benefit Information

### Healthy Savings Plan

Coverage level	Employee Cost	UM Cost
Self only	\$58	\$385
Self and spouse	\$166	\$809
Self and child(ren)	\$147	\$817
Self, spouse and child(ren)	\$284	\$1,283

### Custom Network Plan

(Columbia and St. Louis networks)

Coverage level	Employee Cost	UM Cost
Self only	\$84	\$461
Self and spouse	\$238	\$961
Self and child(ren)	\$221	\$965
Self, spouse and child(ren)	\$399	\$1,529

### PPO Plan

(with Tiered Feature, where available)

Coverage level	Employee Cost	UM Cost
Self only	\$176	\$589
Self and spouse	\$430	\$1,253
Self and child(ren)	\$408	\$1,256
Self, spouse and child(ren)	\$690	\$2,016

### Dental Base Plan

Coverage level	Employee Cost	UM Cost
Self only	\$15.53	\$15.52
Self and spouse	\$31.05	\$31.05
Self and child(ren)	\$37.68	\$37.68
Self, spouse and child(ren)	\$53.21	\$53.20

### Dental Buy Up Plan

Coverage level	Employee Cost	UM Cost
Self only	\$22.46	\$15.52
Self and spouse	\$44.89	\$31.05
Self and child(ren)	\$72.13	\$37.68
Self, spouse and child(ren)	\$96.44	\$53.20

### Vision Plan

Coverage level	Employee Cost
Self only	\$5.06
Self and spouse	\$10.08
Self and child(ren)	\$11.00
Self, spouse and child(ren)	\$17.41

### Basic Life\*

(per \$1,000 of coverage)

Plan Type	Employee Cost	UM Cost
Option A	\$0	\$0.046
Option B	\$0.022	\$0.046

### Additional Life Insurance\* (per \$1000 of coverage)

Age as of January 1 (top row)   Amount (bottom row)										
<25	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
\$0.05	\$0.06	\$0.08	\$0.09	\$0.10	\$0.15	\$0.23	\$0.43	\$0.66	\$1.27	See below*

### Long Term Disability\* (per \$100/covered monthly salary)

Coverage level	Employee cost	UM cost
Core Plan (Option A)	\$0	\$0.136
Buy-Up Plan (Option B)	\$0.14	\$0.136

### Life and Accidental Death and Dismemberment (AD&D) Insurance\*

Life and accidental death and dismemberment insurance are available at multiple coverage levels:

- **AD&D:** Coverage from \$25,000 to \$150,000 for self only or self and dependent(s).
- **Dependent Life-Child:** Coverage from \$5,000 to \$25,000.
- **Dependent Life-Spouse/Sponsored Adult Dependent:** Coverage from \$10,000 to \$50,000; evidence of insurability\* may be required.
- **Additional Life:** Coverage of 1x, 2x or 3x annual salary to a maximum of \$1,000,000; evidence of insurability\* may be required.

\*Visit [umurl.us/life](http://umurl.us/life) for premium information and evidence of insurability requirements.

### myHR

You can view and update your personal information or access your paychecks and benefit information in myHR. Log into your myHR at [myhr.umsystem.edu](http://myhr.umsystem.edu). For more information or assistance logging into your account, visit [umurl.us/pshr](http://umurl.us/pshr) or call HR Information Systems at (573) 884-6996.

### Premium Deductions

Monthly premiums are deducted during the month of coverage. Employees who are paid bi-weekly will have half the monthly premium deducted from their first two bi-weekly paychecks of the month. For more benefit information, visit [umurl.us/benefits](http://umurl.us/benefits).

### HR Service Center

Web: [askHR.umsystem.edu](http://askHR.umsystem.edu) or [umurl.us/hrsc](http://umurl.us/hrsc)

Phone: (573) 882-2146, Fax: (573) 882-9603

Email: [hrservicecenter@umsystem.edu](mailto:hrservicecenter@umsystem.edu)

To contact your HR Generalist, visit [umurl.us/cbr](http://umurl.us/cbr).

### Plan contact information

Additional plan contact information can be found at [umurl.us/benadmin](http://umurl.us/benadmin).

#### United Healthcare

Phone: (844) 634-1237  
[myuhc.com](http://myuhc.com)

#### Delta Dental

Phone: (866) 276-8329  
[deltadentalmo.com/UM](http://deltadentalmo.com/UM)

#### UHC Nurse Liaison

Phone: (573) 296-0158  
[umurl.us/nurse](http://umurl.us/nurse)

#### VSP Vision Care

Phone: (800) 877-7195  
[universityofmo.vspforme.com](http://universityofmo.vspforme.com)