

Summary of Counseling Services Offered at UM Universities

Updated June 13, 2019 for the Board of Curators



**Patti J. Fleck, Ph.D., Director
Counseling Services**

Staffing: 6.45 FTE professional staff, 1 FTE care coordinator, 1 part-time post-doctoral resident

Clientele: 44% female, 53% male, 3% trans*/non-binary/self-identify

Top presenting issues: Social anxiety, academic distress, generalized anxiety

Indicator	AY 2014-2015	AY 2017-2018
Clients seen (% of students)	540 (6.3%)	989 (11.5%)
Total number of sessions	1,811	4,362
Crisis/walk-in sessions	92	349
% taking medication	N/A	10%
Hospitalizations	1	12

Services offered:

- Individual counseling
- Group counseling
- Crisis intervention
- Care coordination
- Consultation
- Outreach/prevention
- Faculty and staff assistance program
- Student emergency fund



**Christopher Sullivan, Ph.D., LPC, Director
Health, Counseling, and Disability Access Services**

Staffing: 4.3 FTE professional staff, 3 part-time practicum trainees (2 FTE professional staff will be added in FS2019)

Clientele: 67% women, 29% men, 4% trans*/non-binary/self-identify

Top presenting issues: Anxiety, depression, family issues

Indicator	AY 2014-2015	AY 2017-2018
Clients seen (% of students)	398 (2.3%)	422 (2.6%)
Total number of sessions	1,876	2,388
Crisis/walk-in sessions	128	117
% taking medication	22%	24%
Hospitalizations	7	15

Services offered:

- Individual counseling
- Group counseling
- Emergency services
- Crisis intervention
- Parent/faculty/staff consults
- Outreach/prevention
- Campus trainings

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Jamie Shutter, Executive Director
MU Student Health & Well-Being

Staffing: 23.6 FTE professional staff, including .35 FTE referral coordinator, 1 FTE Vet Med); 1 FTE Health Coach, 1 FTE post-intern staff, 4.5 FTE doctoral interns, 9 graduate assistants, 3 graduate practicum assistants

Clientele: 66% female, 32% male, 2% trans*/non-binary/self-identify

Top presenting issues: Anxiety, depression, relational/interpersonal concerns

Indicator	AY 2014-2015	AY 2017-2018
Clients seen (% of students)	2,975 (8.4%)	2,861 (9.6%)
Total number of sessions	13,387	13,588
Crisis/walk-in sessions	276	349
% taking medication	21%	25.9%
Hospitalizations	35	22

Services offered:

- Individual counseling
- Group counseling
- Crisis intervention
- Care coordination
- Parent/faculty/staff consults
- Outreach/prevention
- Campus trainings



Arnold Abels, Ph.D., Director
UMKC Counseling, Health, Testing & Disability Services

Staffing: 7.75 FTE professional staff (will decrease to 3.75 starting June 28); 2 FTE doctoral interns, 7 part-time practicum students in fall and spring semesters

Clientele: 68% female, 28.7% male, 2.6% trans*/non-binary/self-identify

Top presenting issues: Anxiety, depression, relationship issues

Indicator	AY 2014-2015	AY 2017-2018
Clients seen (% of students)	840 (5.2%)	930 (5.7%)
Total number of sessions	6,234	5,184
Crisis/walk-in sessions	114	110
% taking medication	27%	29.6%
Hospitalizations	21	14

Services offered:

- Individual counseling
- Group/couple therapy
- Crisis intervention
- Workshops
- Psychological assessment
- Substance abuse evaluation
- Outreach/prevention
- Community referrals
- MindBody Connection